



For membership information and much more go to  
<http://www.rlga.org/>

### Captain's Feetnotes by Phyllis Ellermeier

LIKE MANY OF YOU, I have worked all season to get my game better, to lower my score and improve my handicap. However, even the best intentions require more than just a lot of scores . . . they need to be GOOD scores!

Oh well, maybe next year. But before you or I walk off in disgust or misty nostalgia, there is one more event to test how well you have mastered a specific set of golf "skill shots". This is where you step up and sign up for the 3rd ANNUAL BIG BREAK SKILLS CHALLENGE coming to Riverbend on Saturday, November 17 at 9:30 a.m. I would also like to remind you who have any manner of "weather afflictions" don't worry, for the first two Big breaks, also in November, we stayed dry for both. Some have complained that it is not "real" Golf nor is it a "real" Tournament if you can't post it. But please, let me put that to rest, every one of the "challenge holes" requires a skilled, well executed shot. The reason everyone is allowed to take their best of three shots at each challenge location is to learn from each and fine tune for each successive shots. It is very much a test of many skills such as club selection, shot loft, alignment, execution and a plethora of other skills.

This tournament is PERFECTLY timed and can be a culmination of all you have learned to do better over the summer.

The timing of it couldn't be better because people always debate whether golf is really a sport or just a game. Well the game in the game for the Big BrekChallenge is your four lady scramble team's ability to shoot low.

Well . . . if you really think you can compare yourself to the buffed up, super skilled and excessively coddled-and-coached-from-birth players on the LPGA (think M.WIE) or the PGA(think if what a perfect jock hunk Tiger is) then you will be filled with disappointment. These young men and women do golf for a living. We might sometimes play several rounds in a row, but we probably don't hit a thousand balls a day or rehearse specialized shots repeatedly under the critical eye or a high priced coach.

For those of you who are good athletes and walk the hilly terrain of Pacific Northwest courses, golf probably is more of a get-your-heart-rate-up sport. But for most of us weekend golfers and the boomers who just discovered it, golf is a game. I think that's the reality for many of us. Every aspect of hitting a golf ball can be planned, thought out, and executed without undue pressure to do so in a big hurry. This allows some of us aging sports junkies a chance to take back control. In tennis, the ball comes back at you fast and quick reflexes are required to strike that ball with immediatly and with accuracy Golf allows us to ponder what we are going to do and then plan our execution of the shot. Not always with the outcome we intended but at least it looked good in our mind's eye. Our idea for a smooth swing and a pin high birdie chance can get lost in too much thinking and over-analyzing. Slow play paralyzes the game and can intensify frustrations and irritations. We all have either played with a "thinking" golfer or followed one. We should bring

# The FORE!

November 2007 Vol 19 Issue 101Page 1 of 4

The official Newsletter of your Riverbend Ladies Golf Association chartered since 1989 with reserved Saturday and Sunday morning tee times for our members.

From Your **Tournament Chairman**, Janet Best  
 Results October 6, 2007, Scramble Chapman

Gross		Result
Deb Ewing and Diana Lenning	77	1st Gross (Par on 17) \$25.00 each
Jennifer Greely and Linda Pearson	77	2nd Gross (Bogie on 17) \$20.00 each
Mary Ryan and Laura Risher	81	
Vicki Erickson and Janet Best	84	
Lynne Crandall and Kathy Provazek	86	
June Secreto and Mary Ann Hopson	94	
Phyllis Ellermeier and Peggy Haugan	94	
Shari Boggs and Laurie Briggs	98	
Tuyen Dang and Teresa Le	105	
Darlene Wilczynski and Carolyn McGill	114	
Ties broken from 18 working backwards		
Net		
Deb Ewing and Diana Lenning	60.5	Gross Winners
Phyllis Ellermeier and Peggy Haugan	62	1st Net \$25.00 each
June Secreto and Mary Ann Hopson	64	2nd Net \$20.00 each
Vicki Erickson and Janet Best	67	
Jennifer Greely and Linda Pearson	67.5	
Shari Boggs and Laurie Briggs	67.5	
Tuyen Dang and Teresa Le	68	
Mary Ryan and Laura Risher	69.5	
Lynne Crandall and Kathy Provazek	71	
Darlene Wilczynski and Carolyn McGill	74	
KP on 8 - Kathy Provazek 13' 5"	\$10.00	
KP on 13 - Mary Ryan 14' 6"	\$10.00	

### Big Break Skills Challenge, Sat Nov 17th

Big Break Skills Challenge III has been opened to all women with a handicap. Invitational tournament flyers have been sent via us mail to Puget Sound Women's clubs. Big Break Skills challenge is a casual event brainstormed by RLGA members Phyllis Ellermeier and Susan Stahl to provide an off season event. Go to <http://rlga.org> and download entry form.

the best aspects of our personality to the course. From time to time all of us are guilty of thinking our shots are not good enough. We might complain under our breath the round is ruined because the course is unfair. Does slamming that club into the turf help? Not only is this golfer not having fun, the rest of the foursome is affected.

The debate about "Golf the Game or Golf the Sport" can go on and on. But I just want to remind you that the Big Break SKILLS Challenge is just that - a chance to show off. Practice your skills at

shot making, executing what you already know how to do, and having loads of fun doing it with three other women who make it a joy to do.

In closing, if you are willing to contribute time to your RLGA, be sure to make plans to attend our December Board meeting at Peggy Haugan's House. Volunteer and bring us your energy and help us promote RLGA 2008 as the best women's golf association ever. See you on the course, of course, Phyllis.



**(RLGA) Riverbend Ladies Golf Association 2007 Tournament Schedule:**

Saturday November 17 9:30 AM  
 Big Break III Skills Challenge

(WSGA) Washington State Golf Association

2008 Men's & Women's Member Club Team, Suncadia  
 2008 Women's Best Ball, Glendale CC, Bellevue WA  
 2008 Women's Amateur, Sunland G&CC Sequim June 24, 25 26

**Hawaii Feb 1st thru Feb 8 2008**

Five of us are going to Hawaii. We will have photos!



**Notes from Oct 4 RLGA meeting minutes**

From June Secreto, Membership Chairman: Total membership for 2007 was 112, an increase from 2006.

From Teresa Lee, Treasurer. We are in good shape financially.

Superintendent Pete Peterson notified the board RLGA that outside tournament start times for 2008 will be scheduled after 10 am thereby protecting both the mens and womens clubs reserved tee times.

**Player Recognition** by Peggy Haugan

Player Recognition corner is the RLGA's way to recognize member achievements and encourage play at Riverbend during our reserved tee times on Wednesdays, Saturdays, and Sundays.

**2007 Season Finale:** Forty members participated in the various categories. Recognition pins were distributed to those who requested them. Gift certificates were given for first place, second place and third place in the Birdie Race, Most Rounds Played and Lowest Net Average competitions. The top two chip-in contestants received \$5 each. Thanks to everyone who participated.

Birdie Race: There were 1 participants in the birdie race. Hole #1 had the highest number of birdies at seven, followed by hole #5 with six and hole #15 with five. Ok Lim had the most birdies with 8 reported. Kellie Molzhon and Laura Risher each reported four for the season.

Recognition For	Payable to	Amount
First place lowest net average	OK Lim	\$20.00
Lowest net average 2nd place	Cindy Banks	\$15.00
Birdie Race	OK Lim	\$15.00
Most rounds played	Peggy Haugan	\$15.00
3rd place in most rounds played	Jen Whitcomb	\$10.00
2nd place in Birdie race	Kellie Molzhon	\$10.00
3rd place in Birdie race	Laura Risher	\$10.00
2nd place in most rounds played	Mary Ann Hobson	\$10.00
3rd place lowest net average	Peggy Haugan	\$10.00
Chip-ins	Mary Ann Hobson	\$5.00
Chip-ins	Peggy Haugan	\$5.00

Most Rounds Played:; Forty members submitted scores for this category. Peggy Haugan had the most rounds played with 28. Mary Ann Hobson placed second with 25, and Jen Whitcomb came in third with 22 rounds.

Lowest Net Average: Ok Lim carried the lowest net average of 72.2 with Cindy Banks scoring 73.1 in second place and Peggy Haugan in third place at 73.8.

Chip-Ins: There were 21 members reporting chip-ins this season. The leader was Mary Ann Hobson with 5 and runner up was Peggy Haugan with 4. There were 8 chip ins on hole #2, followed by three each on holes #16 and 17.

Sincere thanks and appreciation goes to all of you for participating this year and let's try again in 2008!

**Your 2008 RLGA Officers** from Phyllis

Phyllis Ellermeier, your current RLGA captain, Mary Ryan, current co-captain, Teresa Le, Treasurer and Fran Zickes, Trustee will be sworn-in for the same roles for 2008 on Thursday, December 6th at the Regular and Year-end board meeting(s)(they will run back to back). The full membership is invited and any members interested in the work of the board or who would like to be better informed about specific board positions are encouraged to attend.

The meeting's agenda will also include reviewing the year's end progress on our 2007 goals and creative brainstorming toward innovative strategies to "grow" a healthy RLGA. The meeting will be held at Peggy Haugan's house(just up the hill in Des Moines).

If you are interested and plan to attend - for directions call Peggy at 206-824-5439 or E-mail her [pegretired@msn.com](mailto:pegretired@msn.com)

The meeting will start at 6:00 p.m. instead of 6:30. If you come, please be prepared to contribute, learn and commit some time to YOUR RLGA.

Thanks, Phyllis See you in December"

Position	Type	2007	2008 Nominees
Captain	Elected by Board	Phyllis Ellermeier	Phyllis Ellermeier
Co-Captain	Elected by Board	Mary Ryan	Mary Ryan
Secretary	Elected by Board	Cathy Rosa	Cathy Rosa
Treasurer	Elected by Board	Teresa Le	Teresa Le
WSPLA & GSWPGA Trustee	Elected by Board	Fran Zickes	Fran Zickes
Tournament Chairman	Appointed	Janet Best	
Competition Chairman	Appointed	Susan Stahl	
Handicap Chairman	Appointed	Jerri Proszek	
Historian & Social Chairman	Appointed	Mary Ann Hobson	
Membership Chairman	Appointed	June Secreto	
Player Recognition Chairman	Appointed	Peggy Haugan	
PNGA Representative	Appointed	Lynne Crandall	
Rules & By-laws Chairman	Appointed	Anne Tuttle	
Team Co-Captain	Appointed	Gerri Johnson	
Team Co-Captain	Appointed	June Secreto	
Past Captain	Appointed	Betty McCarter	

2008 Membership Dues

New or Renewal before 2/1/2008	\$55.00 _____
After 2/1/2008	\$60.00 _____
Juniors (17 yrs. and under)	\$25.00 _____
Board Members	\$40.00 _____

Do you want to join RLGA 2008 early so you don't forget to take advantage of the early bird discount? Mail to RLGA, or drop in box at RLGA corner in Pro Shop. You will receive a benefits card, similar to 2007 with 10 free driving range tokens, a free round of golf, 20% Firecreek discount and more.

RLGA  
POBox 1091  
Kent, WA 98035-1091

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Ghin # \_\_\_\_\_ Local # \_\_\_\_\_

Will be assigned to those new members who do not have a current Ghin #

Local # will be assigned to new members



**Questionnaire? What Can Riverbend do for the RLGA?**

Pete Peterson asked this question of your RLGA board of directors at a spring meeting. In 2010, Riverbend will have money to make course improvements. Riverbend management wants to know what YOU want! Please consider it your responsibility to respond. Maybe one or two of the most pressing issues can be addressed prior to 2010. Drop in box at proshop. Snail mail to RLGA at PO Box 1091, Kent WA 98035 or scan or copy paste or just write your thoughts and email to marypatryan@comcast.net RLGA will forward all responses to Pete.

1091 Rank the following items that are important to you from 1 to x

- \_\_\_\_\_ On course bathrooms upgrades
- \_\_\_\_\_ More water faucets on the course
- \_\_\_\_\_ Improve chipping green (near the river)
- \_\_\_\_\_ Bunker sand
- \_\_\_\_\_ Changing area in women's bathroom (near the pro shop)
- \_\_\_\_\_ Yardage markers
- \_\_\_\_\_ Other \_\_\_\_\_
- \_\_\_\_\_ Other \_\_\_\_\_
- \_\_\_\_\_ Other \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

## Results, PPGA Women's Senior Amateur Championship

October 8-9, 2007 Manito Golf and Country Club, Spokane WA

Place	Player	City, State	Total	Round 1	Round 2	Total
1	Joan Edwards-Powell	Portland, Ore.	-2	74	68	142
2	Anne Carr	Renton, Wash.	-1	70	73	143
3	Ann Swanson	Woodinville, Wash.	3	72	75	147
4	Rachel Whittington	Lake Oswego, Ore.	4	74	74	148
5	Alison Murdoch	Victoria, BC	6	77	73	150
6	Jean Smith	Eagle, Idaho	8	77	75	152
7	Nancy Eglin	Yakima, Wash.	9	77	76	153
8	Sue Ursino	Sammamish, Wash.	10	80	74	154
9	Ok Yun Lim	Kent, Wash.	12	75	81	156

**Ok Yun Lim received overall low net trophy and finished in 9th place** at the 22nd PPGA Senior Women's Amateur Championship with a total score of 156. Mary Ryan finished 16th overall and trophied for first low net in her age group. Ok and Mary are gaining on the leaders. In 2006 Ok finished 19th and Mary finished 74th.

From the PPGA press release: To be eligible for the Pacific Northwest Senior Women's Amateur Championship, contestants must have reached their 50th birthday by the first day of the championship and also carry a handicap index/factor of 27.1 or less. The championship consisted of 36 holes of stroke play with gross and net prizes. Entrants must be members in good standing of a PPGA member club. RLGA is a member club, Cathy Kay is our representative.

Remember the 2007 USGA Senior Women's Amateur Championship held in Sunriver, Or September 1st thru 6th? This is the event for which Ok Yun Lim attempted to qualify. One northwest player made it to the final eight, Linda Smego from Olympia. In 2008 this event will be held in Fort Worth.

From Your **State and City Rep** Fran Zickes  
**GSWPGA Results Twin Rivers Fall City,  
 October 11th, Ecce 9**

**Laura Risher, Janna Phillips and Mary Ryan entered this event. The only one who placed was Laura; third in Flight 1.**

**WSWPLA Trilogy, Redmond  
 October 13th and 14th, Best Ball**

**Ok Yun Lim & Julie Codd 68**

**Mary Ryan & Laura Risher 68**

**Linda Pearson & Cathy Kay 68**

**No Riverbend Teams finished in the money**

**RLGA member Laura Risher** entered the Mt Si Invitational best ball event on October 8, 2007. Laura and Teresa Riley took away the first place prize of \$100 each. Teresa is a member of the Bellevue Golf Course womens club. Teresa shot 75 gross.

Mary Ryan and Laura Risher entered Emerald Classic Oct 20 and 21st at the Classic near Spanaway. Tournament officials required all players (men and women) to play from the blue tees. Neither Mary or Laura placed in this event.

Your newsletter editor knows there are many of you who have entered 2007 invitational events. Whether you placed or not, RLGA members want to you where you are playing. In 2008 remember to E-mail your newsletter editor marypatryan@comcast.net or call me at 425 271 8800.

*The FORE!*

RLGA  
 P O Box 1091  
 Kent, WA 98035-1091

What should you do if you post the wrong score? E-mail Handicap chairman, Jerri Proszek and she will fix it! chandje@comcast.net

### Important Dates:

**Sat Nov 17 9:30 AM Big Break III**  
**November 15th is last day to post.**

### RLGA Board meetings from Phylis

The November 7th regularly scheduled RLGA Board meeting has been canceled. Work and reports from each of the officers and from the chairwomen of different areas will do their year-end reports at the Thursday, December 6th meeting at Peggy Haugan's home. All RLGA members are invited. Bring something to eat and for directions call Peggy at 206-824-5439 or E-mail her pegretired@msn.com

## Firecreek Grill News

Dear Ladies Club Members,

On behalf of the Firecreek staff we would like to thank all of you for supporting our establishment in 2007. As for the upcoming year we are making significant changes with all of you in mind. Our relationship with the Ladies Club members is important. The decisions we make as well as the service we provide will reflect that. Our staff is working wholehearted at developing our establishment so that our guests experience is an excellent experience. All of us here at Firecreek are looking forward to seeing all of you in the near future.

Thank You!

Sincerely, Michael Navarro,  
 Assistant General Manager